

# Arthur & Freya's Space Adventure

## FREE COLOURING PAGES



# Understanding Autism

(A Simple Guide for Young Readers)

## What is Autism?

Autism (Autism Spectrum) means that someone's brain works a little differently.

Autistic people may experience the world in unique and wonderful ways.



## Examples of How Autistic People May Experience the World

### Strong Interests

Autistic people often love learning lots about things they like.



### Different Communication Styles.



Some autistic people talk a lot, some talk a little, and some communicate in other ways.

### Routine Helps.

Knowing what is happening next can help autistic people feel calm and safe.



### Sensory Sensitivity

Lights, sounds, textures, or smells can sometimes feel stronger or overwhelming.



### Different Communication Styles.

- Some autistic people talk a lot, some talk little, and some communicate in other ways.



Arthur & Freya Adventures celebrates kindness, curiosity, and understanding for every child. ♥

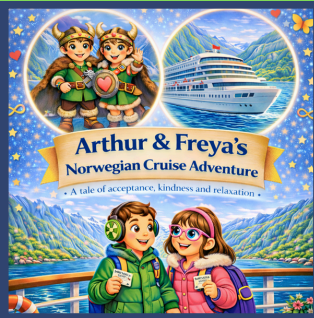




ASTRO  
KIDS



# Which Adventure Will You Choose Next?



# Join Us On Social Media!



@arthurandfreyaadventures



Arthur and Freya Adventures



[www.arthurfreyaadventures.com](http://www.arthurfreyaadventures.com)

Let's go on more  
adventures together!

**FREE**  
**Colouring**  
**Pages**  
Available

